

Audubon United Methodist Church



314 W. Graisbury Avenue, Audubon, NJ 08106

www.audubonumc.com 856-547-6114

May 2022 Newsletter



Sunday Worship Opportunities:



***Our Doors are open!
And we are meeting in person!***

Our Church Building is Handicap Accessible. Elevator access to the sanctuary and the lower level can be found on the Graisbury Ave. side entrance. Handicapped parking is available on Graisbury and also in the rear of the church house.



Sundays:

- 9:00 A.M. Classes for Elementary, Middle and High School students.
9:00 A.M. Seekers Adult Sunday School in person and Zoom.
10:20 A.M. Traditional Service in person and streaming live on our Facebook page and posted later on YouTube.

Face masks are now optional. Some windows will remain open and the exhaust fan running for fresh air exchange and ventilation as required by the CDC.

- Sun. May 8 Mother's Day
Tues. May 10 Finance Meeting
Church Council Meeting 7:30 P.M.
Sun. May 22 Victorious Women Luncheon
Mon. May 23 Cancer with Hope
Mon. May 30 Memorial Day
Every Weds. Comfort Food on Zoom 7:30 P.M.
Every Thurs. Chancel Choir rehearsal 7:30 P.M.

ZOOM MEETING ID: 732-520-3940 PASSWORD:
audubon PHONE DIAL-IN: 646 558 8656 JOIN US!

The May Newsletter is sponsored by Mary Tharan in honor of her parents, Elmer and Evelyn Tharan.

Our Vision Statement:

"We are a Christ-centered family of Christians. We are actively seeking to grow the kingdom of God by bringing the Word and Love of God to the community. We may not always think alike, but we always love alike as God has taught us."



We are going to start a small group book club, "*The Five Wounds: A Novel.*" The book comes highly rated throughout multiple publications. A short synopsis, "It's Holy Week in the small town of Las Penas, New Mexico, and thirty-three-year-old unemployed Amadeo Padilla has been given the part of Jesus in the Good Friday procession. He is preparing feverishly for this role when his fifteen-year-old daughter Angel shows up pregnant on his doorstep and disrupts his plans for personal redemption. With weeks to go until her due date, tough, ebullient Angel has fled her mother's house, setting her life on a startling new path.

Vivid, tender, funny, and beautifully rendered, *The Five Wounds* spans the baby's first year as five generations of the Padilla family converge: Amadeo's mother, Yolanda, reeling from a recent discovery; Angel's mother, Marissa, whom Angel isn't speaking to; and disapproving Tive, Yolanda's uncle and keeper of the family's history. Each brings expectations that Amadeo, who often solves his problems with a beer in his hand, doesn't think he can live up to."

If you are interested in participating in this new small group, please let me know. There are five copies at the office; if more than five people are interested, I would be more than happy to order more copies. Look for notice of time and place in upcoming bulletins/ emails.

Secondly, I want to start a Bible Study that meets outside of Sunday. I talked to a friend who told me about a Bible study on Saturday mornings at a local café, and I thought, what a fantastic idea I would love to be a part of it. The more I thought about it and prayed about it; that would be great for AUMC to have available as a small group.

I am looking for people interested in meeting for brunch on Saturday mornings at a local restaurant; I was thinking of simply soups and more, myself. I welcome any suggestions!

Please email to let me know if you are interested.
rev.garrettmgouveia@gmail.com

Children's Ministry

Sunday school teachers needed! You can make a difference to a young person by volunteering to be a teacher. We hope to have enough teachers to teach every other week. All materials are provided.



Remembering Anne

We will never forget the Bible stories she told, the traditions she handed down and the lessons she taught our children, these were some of her gifts. Anne will be remembered for her positive spirit, her dedication to Christian Education, her love of music, her love of family and her deep faith in God.



SALE -- A Special All Ladies Event!



The ladies of our church are all invited to our next meeting on **Sunday, May 22**, following the church service. Lunch will be served. Come and take time to meet and enjoy each other's company!

Ladies day at America's Keswick, May 11

Alisa Childers is the speaker. 9am -3pm with Lunch
Car Pools will be set up to get us all there!

Mission News by Bruce Krout

I know this info will be dated by the time you read this, but it may give you perspective you haven't heard about despite this being written on April 11th. I wanted to share the following. Ukraine is about the size of Texas and had a population of 40 million before the war started. There are more than 4.5 million refugees that left Ukraine. There are 6.5 million displaced people within the country itself. Eighty-five percent of the refugees are women and children. The men aged 18-60 are not allowed to leave the country; they are expected to volunteer and either fight the Russian military or be a source for expediting supplies to the frontline.

There are many horrific stories caused by this war. A Catholic nun wrote that she witnessed a train roll into Poland that had such a great number of people onboard that many had no access for days to use the lavatories due to the density of the ridership. The Polish government is struggling to deal with such a large influx of refugees. Poland has accepted more evacuees than the next six neighboring countries. They are providing police and military presence, but not so much in the feeding and care. Individual nongovernment organizations are meeting the

displaced Ukrainians as they cross into Poland and helping to provide immediate care.

The United Methodist Committee on Relief (UMCOR) is in the region providing transportation assistance, food, water, clothing, lodging, and medication. Thank you for your generous donations to UMCOR. As of March 27th, our AUMC members offered \$1,200 to this worthy cause. I know more has been donated since and that Ukrainian UMCOR donations will be accepted through the springtime at least. If you would care to donate or donate again, make checks payable to the Audubon UMC with "Ukraine" printed in the memo. Prayers for the people of Ukraine who have a "can do" belief and a fiercely nationalistic saying of "We will win!"

***Sharing God's word and love,
however we can, is our mission.***

"Hello! My wife and I were so blessed today when we received a generous donation from behalf your church. Although we did lose a lot, we continue to feel blessed and surrounded by love. The Audubon community has been a rock for us, and



we are excited to rebuild and give back.

God bless your entire church, please pass along the love from our family onto yours and we hope to come gather together soon. Mike Bauwens"

Cancer with Hope

Will be meeting on Monday, May 23

Contact Bruce Krout at 609-605-5450



The fourth Sunday of each month is "Jeans Sunday."

You are encouraged to wear jeans and if doing so, you are asked to donate between \$1.00 and \$5.00 which will be included with the Communion offering to support one of our ministries. Be sure to indicate that the donation is for Jeans Sunday, May 22. We are supporting United Methodist communities with our May Communion offerings.



From the Church Council

The Church Council has allocated \$12,000 to technology upgrades. Many of you have donated to technology since we began live-streaming our services which has covered our costs to date but now we find it necessary to purchase additional equipment. The Finance Committee included \$1,000 for Worship Technology in the original budget which will cover our monthly "Switcher" invoices of \$45 and our annual Zoom cost of approximately \$450.00.



When the new electronic giving forms were sent out in November with some account changes, technology was not one of the choices, however the option to give to Technology has been available since 2020 to those who make one-time gifts online

If any of our faithful electronic givers would like to add Technology to their giving, please contact Carol Tait at crosstait630@yahoo.com. You can either add an amount for Technology or reallocate your giving to include that option.

Electronic giving

If you like the freedom of unscheduled giving, Vanco has a new giving app, **Vanco Mobile**



Faith Engagement, that makes it easier for members to give at any time.

If you are not giving electronically yet, you can check out their website for more information

On Sunday, June 5th, Sicklerville United Methodist Church will celebrate the ministry of Pastor Steve Shuster, with one worship service at 10:30am and a barbecue following. *RSVP is required-* contact the church office 856-728-1636 or check the website: sicklervillechurch.com.



.AED – Automatic External Difibrillator

The AED is used to help save someone in cardiac arrest.

- Do you know our church has one?
- Do you know how to use it?
- Would you like to learn how?
- You will learn 2 skills – how to perform cardiac compressions and how to operate the defibrillator.



This is NOT a certified CPR course.

Two free 2-hour classes are scheduled
You only need to attend one class
4 students per class
Friday, May 13, 1 – 3 PM
Saturday, May 14, 1 – 3 PM

. If you are interested please contact Dorothy Groves.
609-405-4134, or grovesdorothy@gmail.com

Health & Wellness – Short and Sweet

We continue our discussion of how the body changes as we get older, how we can stay healthy as we get older, and how to manage these changes. This month we will look at hearing. ***A WORLD OF SILENCE IS LONELY***

What changes occur in the ear? Not everyone has hearing deficiencies as they age, but for those who do, *quality of life can be greatly affected*. Hearing loss can occur in one or both ears. There can be damage to the ear drum, changes in the tiny bones in the ear that vibrate to transmit sound and/or damage to the nerve that conducts the sound to the brain. Pitch also affects hearing. One may understand low pitched voices rather than high or vice versa.

How would you know you are becoming hard of hearing? Is the car radio turned up higher? How about the TV? Do you frequently ask someone to repeat what they said? Do you misunderstand what is being said? Do others around you say the TV or radio is too loud? Hearing loss creeps up subtly.

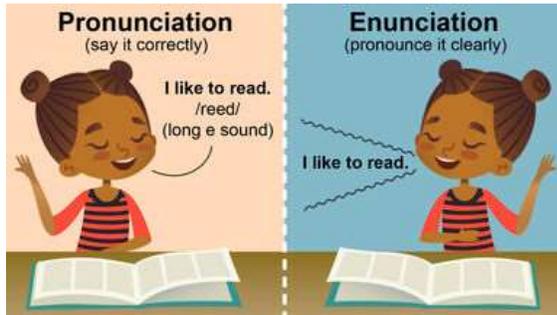


How can you tell if someone you are speaking with is hard of hearing?

- They don't answer you.
- They chuckle, smile, or nod without really participating in the conversation and may have a look of uncertainty.
- They turn their head slightly turning their "good ear" toward you.
- They misunderstand words because consonants are hard to distinguish and may reply with a similar word that makes no sense to the conversation. You may be saying "right" and they reply "white". Or you might say "clear" and reply "care".

How can you better communicate with someone who is hard of hearing?

- **First and foremost speak SLOWLY and ENUNCIATE clearly.**



- Match the speed of your speech to that of the person, especially when on the phone.
- Be facing the person because they can't understand you if you are behind them or to their side.
- Do not shout. Gradually speak louder until you know they can hear you.
- If you ask "Do you know where I can buy Easter bread?" and the person replies with "what is the last word you said", don't repeat the whole sentence, only the last word that they cannot understand.
- *If you still can't get them to understand please, don't communicate disgust and "never mind" through your nonverbal communication.* It will make them feel stupid and in future may avoid talking with others unless absolutely necessary. Try repeating your question differently. "I like Easter bread. Do you know a bakery that sells it?"
- If you know someone has hearing aids encourage them to wear them. They may be in denial of hearing loss, and if they are aware may not have the money to buy hearing aids.

Next month we will discuss changes in smell and taste.

Questions/suggestions/feedback? – contact Dorothy Groves. Cell phone 609-405-4134, or email at grovesdorothy@gmail.com

May Liturgist

Barbara Cunane

May Shut-in of the Month



Sandy Albrecht
137 S White Horse Pike.
Audubon, NJ 08106

Let her know you are thinking of her by sending a card.

May Communion Offering:

United Methodist Communities

May Birthdays

- 2 Lauren Fitzgerald
- 8 Dan Goslin
- 9 Kimmee Williams
- 14 Pat Gibbons
- 15 Pastor Jisun
- 18 Eleanor Scott
- 22 Jesse Deal
- 22 William Makuszewski
- 26 Cole Reich
- 29 Emma Wine
- 30 Colin Reich



May Anniversaries

- 22 Tom and Rebecca Hertfelder
- 24 Janet and Paul Acker
- 30 Darlene and Chris Fitzgerald



Prayers – Praise – Thanks

Pray in the spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere. Ephesians 6:18



Intercessory Prayer Needs

- | | | |
|--------------------------|------------------------|-------------------------|
| • Doug J. | • Crystal | • Mary L. |
| • Shannon P. | • Michelle | • Mike & Tyler S. |
| • Kevin H | • Tiara C | • Anne |
| • Carol F | • Dan A. | • Gwen E. |
| • Joan W | • Bill R | • Peg and Don L |
| • Sandy A | • Peg K | • Rosemarie |
| • Gerry G | • Gail Lore | • Bill D |
| • Pat H | • Ef D | • Jill T (Don C sister) |
| • Dee G | • Miles J | • Youngsoon |
| • Estelle M | • Bill S | • Dorothy G |
| • Lauri M | • Charlie W and family | |
| • Ruslana's father, Karl | | • MaryAnn M |

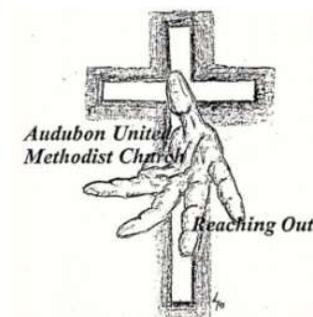
Prayer Card Requests

- World Gospel Mission ministries
- International Students ministries (ISI) and the Mannons
- Campus Crusade CRU Alex Simpson-Aponte
- Our servicemen and women:
Walter J IV- U.S. Coast Guard, Jim G – NJ Army National Guard, James S. –US Army
Please remember to keep CPT Jim Goslin in your prayers. He has been deployed to the Middle East
- Our Pastor and family
- Pray for God's voice.

- Bill S and family on the loss of Anne
- Those who have recently had COVID
- The Cunane's on the passing of Frank's brother, Bill
- Marty J in Florida- his cancer has returned
- Michelle C for cancer treatment
- Peg K in Cadbury
- Mark V recovering from surgery
- Helena recovering from surgery
- Diane's dad hurt his back

Vision 2022 - Writing Acts 29

Listen for our weekly challenge each Sunday and don't forget to watch our *YouTube videos especially the new ones on prayer partnering.*



Church Staff:

* Pastor: Garrett Gouveia
 * Admin. Asst.: Linda Holonia
 * Director of Music: Mia Reich
 * Organist: David Reich
 * Pianist: Jesse Deal
 Nursery Aides: Marissa W. and Chloe P.
 Church Office email : audubonumc@verizon.net
 Pastor Garrett email : garrettmgouveia@gmail.com
 Church office Phone: 856-547-6114

Church Office Hours

Monday 10:00 A.M. to 2:00 P.M.
 Wed. and Thursday 10:00 A.M. to 1:00 P.M.
 Check out our website: audubonumc.com



AudubonUMC



@Audubon_UMC

Proverbs 31:25-26

She is clothed with strength and dignity; she can laugh at the days to come. She opens her mouth with wisdom, and the teaching of kindness is on her tongue.

Proverbs 31:28-29

Her children rise up and call her blessed; her husband also, and he praises her: "Many women have done excellently, but you surpass them all."



